

## 12. Preparation for Adulthood Team



### What is PfA?

Preparation for Adulthood (PfA) is the process of moving from childhood into adult life.

Our team tries to make sure that young people aged 16-25 with physical or learning disabilities have the right support to help them do what they want to do.



The focus is around 4 areas:

- employment
- independent living
- being included in the community
- health.

We understand that everyone has different needs so we will work with you to decide what you want for the future.



You can find out more about Annual Reviews, what is included from Year 9 and the different routes into employment, on this page [Preparation for Adulthood Pathway \(PDF\)](#).



## Who are the PfA Team?

The PfA team are made up of Social Workers, Community Care Officers and Occupational Therapists.

They work with young people, their families, carers and others to make sure that young people can do the same things as non-disabled young people.



This means we can have better understanding, knowledge and relationships with the services in each area.



The team is split into 4 areas;

South, East, West Bradford and also Keighley.

Each team has Social Workers who support children and adults.





We also have a Duty Team who work with young people for up to 6 months. They provide short term support to help people be more independent.



### **What people told us they want from PfA**

“To be afforded the same opportunities as everyone else.

To live the life you want with your hopes, dreams and ambitions being seen.

To be able to find employment and develop meaningful relationships and ultimately live the life you want”



### **PfA Vocational Profiles “Getting it Right”**

Vocational profiles are a tool which support young people (particularly from year 9 onwards) to gather their views, interests, skills and hopes for the future.

This is so we can give them the best opportunities to prepare for adulthood.



This [vocational profile \(PDF\)](#) has been made by social workers and High Park School in Bradford.

It has been shared with other special schools in Bradford to help them to prepare young people for adulthood.



When someone is going through an important change in their life, like leaving school or leaving college, we can use vocational profiles to help people prepare for these big changes.



A well thought out vocational profile with lots of detail can support young people with disabilities to do what they want to do with their life.

This might be having an active social life, living or travelling on their own, managing their own money or reaching important education milestones and [employment opportunities](#).





## Who do we work with?

The PfA team work with young people aged between 16 to 25 and who

- Live in the Bradford district
- Have an Education Health & Care Plan (EHCP)
- Have complex needs as a result of a diagnosed moderate, severe or profound learning disability
- And/or a severe physical disability



## When we can become involved?

- To support with PfA for young people 16 and over and who already receive a service from Children's Social Care
- As part of the [EHCP Reviewing Process](#) for young people aged 16 or over who meet our criteria
- When young people are preparing to leave school or college



## How can the PfA team help?

- Making sure EHCP Reviews for young people 16 and over include aspirations and goals for adulthood
- Supporting young people to build relationships by guiding them towards activities and support in their local area
- Supporting young people to access work-based learning, to help them prepare for employment.
- Help people to live independently. This might include support with daily living tasks such as budgeting, cooking, and independent travel
- Supporting young people to access mainstream and specialist provision where appropriate



## Finding out more about the PFA team

Any referrals or enquiries can be made to the duty team on 01274 435750.

You can also follow our twitter page for updates and information @PFAteambradford.