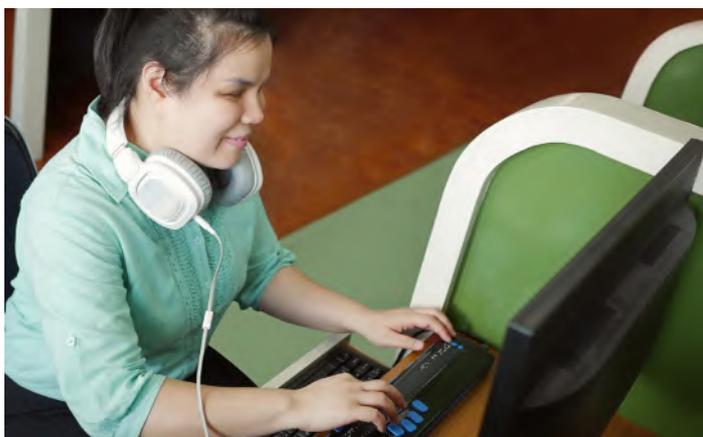


## 2. Occupational Therapy



### Technology Enabled Care (TEC) in Bradford District

TEC means any pieces of equipment that you use to help you to stay safe and well. This could be alarms, sensors, canes or anything you use to help you.



We have some short films that show how it works.

You can also book an appointment so someone can come and visit you, so we can see what TEC devices might work best for you.

### What is the Occupational Therapy service?



Bradford Council provide a service called the Occupational Therapy service.

If you have problems in your home with things like getting in and out of the bath, or using stairs, then we can see if there is anything we can do to help you.



We might be able to change some things in your home to keep you safe and well, or we might have some equipment that can help you.

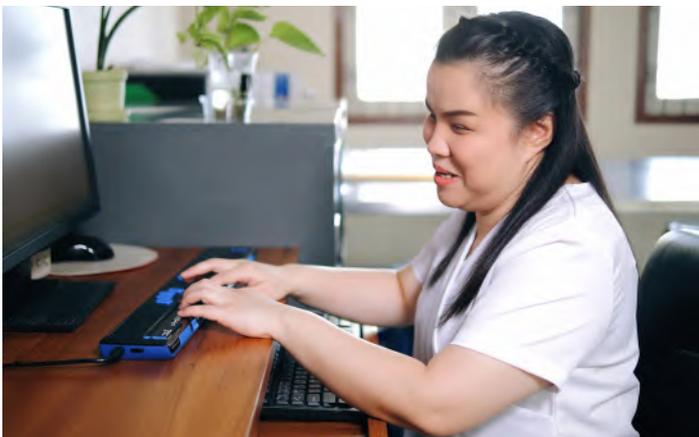


## Who is the service for?

This service is for any adult with a long-term disability who struggles with daily activities. This could be things like getting dressed, using the toilet or moving around in your home.



We want to help you to stay safe, happy and well so we can give you advice and equipment to help you. We can also talk to your family or support about how they can best help you with daily activities.



## How can we help?

We will talk to you about the difficulties that you are having, and tell you how we can help.

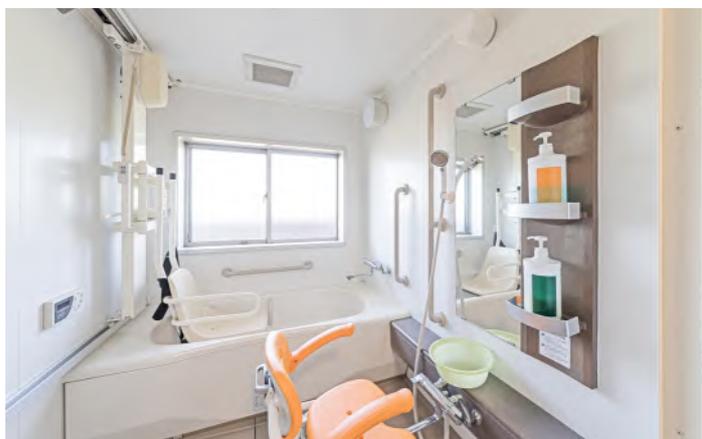


We might get some equipment for you, make some changes to your home, or refer you to other services who can help you.



## Is there a charge?

Our support is free of charge, and most of our equipment can be lent to you for free.



If we think you need to make big changes to your home, then you can get a [Disabled Facility Grant](#). Some people will need to pay for some of the costs if they can afford to.

## If you want to find out more, you can contact:

The Independence Advice Hub by telephone on 01274 435400.

## Other information

The [able4life Bradford self-assessment tool](#) gives advice on equipment solutions.

The [Connect to Support](#) service allows the purchase of any equipment to be made that will support you.

[Equality Together](#) can give you user-led advice on equipment solutions.

The Housing Department at Bradford Council can support you with information on [Disabled Facilities Grants](#).