

Housing Options



Supported Housing

[Supported housing](#) provides disabled people with their own front door and independent living in their own home.

On site care and support is available 24 hours a day, 7 days a week.



Extra Care Housing

People who live in [extra care housing](#) have their own self-contained homes. Self contained means a building with it's own private kitchen and bathroom.



They have their own front doors and a legal right to live in the property.

It is a popular choice with older people because it can sometimes provide a positive alternative to a care home.



Extra care housing is also known as sheltered housing, assisted living or housing with care.

It can be blocks of flats, bungalow estates and retirement villages.

Residential and nursing care homes



Residential or nursing homes may be right for people who can no longer be supported in their own home or other types of housing.



They also may be right for people who need 24 hour residential or nursing care to be available.



Residential Care

Residential care homes provide care for people who need help with daily activities including washing, dressing, feeding and help with day-to-day activities.



Nursing Care

Nursing homes are for people who have general care needs and also need care or input from qualified nurses. This includes people with specific or complex health needs.